

PRINCE GEORGE FIGURE SKATING CLUB - WINTER SCHEDULE 2009 2010

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Kin II	Kin III	Kin II	Kin III	Kin II	Kin III	Kin II	Kin III	Kin II	Kin III	Kin II	Kin III
6:00		6:00		6:00		6:00		6:00			
6:15	Jr/Int/Sr SDE	6:15		6:15	Jr/Int/Sr SDE	6:15		6:15	Jr/Int/Sr SDE		
6:30		6:30		6:30		6:30		6:30			
6:45	Jr/Int/Sr Freeskate	6:45		6:45	Jr/Int/Sr Freeskate	6:45		6:45	Jr/Int/Sr Freeskate		
7:00	6:30-7:30	7:00		7:00	6:30-7:30	7:00		7:00	6:30-7:30		
7:15		7:15		7:15		7:15		7:15			
7:30		7:30		7:30		7:30		7:30			
7:45	Jr/Int/Sr SDE	7:45		7:45	Jr/Int/Sr SDE	7:45		7:45	Jr/Int/Sr SDE		
8:00		8:00		8:00		8:00		8:00			
3:30	Jr/Int SDE	3:30		3:30	Jr/Int	3:30		3:30	Jr		
3:45	3:30-4:00	3:45	Sr Freeskate	3:45	Freeskate	3:45	CanPower 3:30-4:30	3:45	Jr Freeskate		
4:00	Jr/Int/Sr Freeskate	4:00	3:30-4:15	4:00	3:30-4:15	4:00	L1	4:00	3:30-4:15		
4:15		4:15	Development	4:15	Development	4:15		4:15	Development		
4:30	4:00-4:45	4:30	Jr/Int/Sr Skills/Dance	4:30	Jr/Int/Sr SDE	4:30		4:30	Jr/Int/Sr SDE		
4:45	Development	4:45	Jr/Int/Sr Freeskate	4:45	Jr/Int/Sr Freeskate	4:45		4:45	Jr/Int/Sr Freeskate		
5:00	Flood	5:00	5:00-5:45	5:00	5:00-5:45	5:00		5:00	5:00-5:45		
5:15	Int/Sr Freeskate	5:15	Flood	5:15	Jr Academy	5:15		5:15	Development		
5:30	5:15-6:15	5:30	CanPower 6:00 - 7:00	5:30	5:45-6:30	5:30		5:30	Jr/Int/Sr Freeskate		
6:00		6:00	L2	6:00		6:00		6:00	5:15-6:15		
6:15		6:15		6:15		6:15		6:15			
6:30	Canskate	6:30	Open off-ice 6:00-6:45	6:30		6:30		6:30	Development		
6:45		6:45		6:45		6:45		6:45	Canskate		
7:00		7:00		7:00		7:00		7:00			
7:15		7:15		7:15		7:15		7:15			
7:30	Canpower L5	7:30		7:30	CanPower 6:30 - 7:30	7:30		7:30	Jr/Int/Sr Freeskate		
7:45		7:45		7:45	L3	7:45		7:45	7:00-8:00		
8:00		8:00		8:00		8:00		8:00			
8:15		8:15		8:15	CanPower 7:00 - 8:00	8:15		8:15			
8:30		8:30		8:30	L3	8:30		8:30			
8:45	Canpower L6	8:45		8:45		8:45		8:45			

\*\*Updated October 15, 2009 Schedule subject to change

Junior Academy	Intermediate	Canskate
JA/Jr	Int/Sr	Canpower
Junior	Senior	
Jr/Int	Jr/Int/Sr	

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